

Transferable Physician Order for Life Sustaining Treatment
POLICY AND PROCEDURE

Assisted Living Facility Sample

POLICY:

ABC Assisted Living complies with the Transferable Physician Order for Life Sustaining Treatment R432-31.

PROCEDURE:

1. On admission, the Registered Nurse determines if the resident has a completed and signed blue Transferable Physician Order for Life Sustaining Treatment (POLST) form.
2. If the resident does not have a complete and signed POLST form, the Registered Nurse provides the resident with a blank POLST form and the following information:
 - a. The resident's physician or nurse practitioner documents the individual's preferences for life sustaining treatment and sign the POLST form, **or**
 - b. The facility Registered Nurse may assist the resident in preparing the POLST form.
 - (1) The preparer reviews the POLST form in detail, with the resident or the person who has the legal decision making authority, and documents the treatment preferences.
 - (2) The preparer signs and prints his/her name as the preparer, below Section E of the POLST form.
 - (3) The preparer informs the resident that the POLST form is not valid without the signature of the physician or nurse practitioner.
 - (4) The preparer notifies the resident's physician or nurse practitioner to review and sign the POLST form.
3. The Registered Nurse or designated Nursing Assistant places the completed and signed POLST form in the front of the resident's clinical record.
4. The facility and/or its employees that make a good faith effort to follow the instructions in the POLST form are not subject to any Department of Health sanction as a result of those good faith efforts.
5. If the individual is transferred or discharged to another facility, the Registered Nurse or the designated Nursing Assistant sends the **original** Physician Order for Life Sustaining Treatment form with the individual.

Note: Each facility may create a policy and procedure or may modify this sample as appropriate.